

Crib 6

# 06 Nonlinear Least Squares, Gradient Descent

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Note that in the objective functions below, you may choose to featurize your data i.e., replace all  $x_i$  with  $\phi(x_i)$

## 1 Nonlinear Least Squares

1. Train a linear model, then fine tune with iterative updates

## 2 Gradient Descent

1. Take steps along direction of gradient  $x_{i+1} = x_i + \eta \nabla_x f(x)$  for learning rate  $\eta$  (*why? see proof in appendix*)
2.  $\eta$  should decrease as a function of  $i$ . Commonly used *decay functions*: exponential, step function (e.g., multiply by 0.9 after every 500 steps)

## 3 Why Step in Direction of Gradient

### 3.1 Proof

First, why is the gradient the direction of greatest ascent? Take the directional derivative for some loss function  $f$  and vector  $x$ . For  $\theta$ , the angle between  $x$  and  $\nabla f$ , we have

$$D_x f = \nabla f \cdot x = |\nabla f| |x| \cos(\theta)$$

Note this expression is minimized when  $\theta = \pi$ ,  $\cos(\theta) = -1$ . Thus, the direction that decreases  $f$  the most, is opposite the gradient vector.

### 3.2 Why $\nabla f$ ?

Recall that the gradient step is  $x_{i+1} = x_i + \eta \nabla_x f(x)$ . Intuitively, the gradient tells us how much change in  $y$  occurs, if we perturb  $x$  by a little bit. Why does it make sense, then, to update  $x$  with “change in  $y$ ”?

We can look at this another way: Take  $f(x + \Delta x)$ . Intuitively, we can approximate this point by taking  $f(x)$  and extending a tangent line  $\Delta x$ -long. Thus,

$$f(x + \Delta x) \approx f(x) + \langle \nabla f(x), \Delta x \rangle$$

Say we take the gradient step from above, so  $\Delta x = -\eta \nabla f(x)$ . Then, we have

$$\begin{aligned} f(x + \Delta x) &\approx f(x) + \langle \nabla f(x), -\eta \nabla f(x) \rangle \\ &= f(x) - \eta \langle \nabla f(x), \nabla f(x) \rangle \\ &= f(x) - \eta \|\nabla f(x)\|^2 \\ &\leq f(x) \end{aligned}$$

In other words, taking a gradient step opposite the gradient *tends to* decrease our loss function  $f$ .